

Our principal is considering cancelling recess for 6th graders. Do you think 6th graders should have recess? Write to convince the principal to agree with your opinion.

Our principal, Mrs. Pavlovec, is considering canceling recess for 6th graders. I think we should have recess. Recess is important because this is the last year students have recess, recess gives students a break, and recess improves student's academic performance. For these reasons, recess is important.

Recess is important to kids. The saying goes, "You're only a kid once!" Recess gives us a chance to socialize and talk with our friends. There is no recess when you get older, so we should keep it now while we are young.

Another reason students should have recess is because it gives us a break from the hard work. Writing, spelling, reading, thinking; these are all difficult. Students need a break from all the hard work they do all morning. Sitting all day is boring. We need time to exercise. Recess also gives us time to relax before getting back to work. For these reasons, students need a break from schoolwork.

Most importantly, recess improves student's academic performance. Because students sit all day, we need to get up to get our blood moving. Some students may get bored and stop participating. Exercising helps them get back on track. It wakes students' brains up. Many studies show that students who get their bodies moving improve their ability in school. For example, our teacher takes us out to run laps in the playground before we write. This helps us get our brains thinking and able to write creative pieces. In these ways, recess helps us learn.

Taking recess away from 6th grade would be a tragic decision. Without recess, students wouldn't have time for friends or have a break from work. But the strongest reason of all for students to have recess is to improve schoolwork. Keep recess for grade 6. Without recess, students just will not learn as well.